



CAVALCANDO IN MAREMMA

Federal School for 25 years

- The CM Equitazione is located on the Giannella, a natural ayre which unify the land to the Monte Argentario, touched lightly by the Mar Tirren beach and the Orbetello lagoon, it is a faunistic oasis of the W.W.F. The equestrian centre organises courses and workshops for beginners in jumping and country riding.
- To ride a horse you need to follow the rules of the road stating that you can not ride outside a stable if you are under 14 yo. The stable is opened from 9 am to 1 pm and from 5 pm to 8 pm.



Ferro di Cavallo Excursion



Arrival to the stable and horses assignment: created the correct pairs and with the guide at the top, the group enters the path to the beach.

After the astonishment of the scenery before our eyes, the excitement rises for those who have never gone for a ride on the shoreline amid the splashes of water and sand that lash their faces.





Our journey begins in front of a long stretch of beach as far as Santa Liberata, at the foot of Monte Argentario, which we immediately climb up through a very steep path with a wonderful view back to our starting point. We arrive at the Convent of the Passionist Friars: a short stop here is obligatory. From this altitude you can see the two isthmuses (the Giannella and Feniglia tombolos) that enclose the lagoon with Orbetello and its dam at the centre, for a spectacle of nature that is unique in the world.





*Medium-difficulty route of around 25 km. Duration about 6 hours.

After taking the usual photos, we continue uphill and then down to Porto Ercole, still enjoying postcard views. With the sea and the horizon behind us, we stop for lunch in the pine grove in front of the port of Cala Galera. Cinzia is already there with the table set: we will taste Maremma cuisine with local products (acquacotta, vegetable flans, wild boar or meat, sweet cheeses, water and wine). A little relaxation and back in the saddle.

After a short ride we arrive at the small beach of Cala Galera where we immediately enter the water to pass the rocky point of Poggio Pertuso. As soon as we pass the point, we can see with relief the sandy strip of the Feniglia ayre, which we will cover all the way along (about 9km) on the foreshore between the sea and the forest park.

We arrive at the famous archaeological and tourist resort of Ansedonia, where our assistants will be waiting with vehicles to take us back to the equestrian centre.

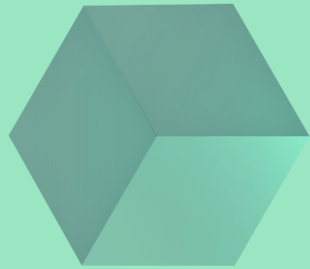
ITINERARY

- Departure from the Hotels at 10 am.
- Suggested clothing: long trousers and closed shoes.
- Difficulty: medium.
- Available: from January 1° to June 15° and from September 15° to December 31°.
- Participants required: minimum 2 pax, maximum 6.
- Price per person 135

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«Laguna Mare» Excursion



- Starting from the equestrian centre, we walk into the adjacent fields where we immediately encounter wild horses and typical Maremma cows with long horns protected by a majestic bull.
- We pass by the Orbetello lagoon (an important WWF oasis) offering us a spectacle of nature with many species of water birds, including flocks of pink flamingos, and continue along the countryside route over extensive terrain with the possibility of doing any kind of walking.



- We arrive at the mouth of the Albegna river, where the Giannella ayre begins: in front of us is a wonderful view of the gulf with Porto Santo Stefano and Talamone at either end, and the islands of Giglio, Montecristo and Elba on the horizon.
- We walk along the beach, with a few detours into the water, until we reach our starting point.



Percorso facile di circa 10km durata 2 ore circa

ITINERARY

- Departure from the Hotels at 10 am.
- Suggested clothing: long trousers and closed shoes.
- Difficulty: easy.
- Available: from January 1^o to June 15^o and from September 15^o to December 31^o.
- Participants required: minimum 2 pax, maximum 6.
- Price per person 65

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